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The Circulation of The Bulletin

The Bulletin has the largest circulation of any paper in Eastern Connecticut and from three to four times larger than that of any in Norwich. It is delivered to over 4,000 of the 4,053 houses in Norwich and read by ninety-three per cent of the people. In Windham it is delivered to over 900 nouses. in Putnam and Danielson to over 1,100, and in all of these places it is considered the local daily. Eastern Connecticut has forty-nine towns, one hundred and sixty-ave postoffice districts, and sixty ural free delivery routes. The Bulletin is sold in every town and on all of he R. F. D. routes in Eastern Connecticut.

CIRCULATION

1901. average...... 4,412

905. average.................5.920

TAKE THE BULLETIN ALONG

Readers of The Bulletin leaving rity for vacation trips can have follow them daily and thus keep in touch with home affairs. Order through The Bulletin busi-

HOW MONEY HELPS.

The patriot behind the soldier is as

man behind the gun. The home force is the force which sustains and inspires the army at the front. Those who have no surplus means can be true and do many little things to promete the eause of humanity, while those who have money should invest in govern-

You may be surprised to know that one fifty-dollar Liberty Loan Bond will

purchase: Thirteen 12-pounder shells for destroying submarines. Four 5-lach shells for the same burnose.

One hundred pounds of smokeless powder.

Eighteen one masks for a like num-Enough coal to drive a destroyer one

hundred twenty miles. Enough gazoline to drive a subma rine destroyer one hundred fifty

suffer's uniform outfit, our months subsistence for a sol-

An investment in government bonds as the menacing conditions which are preparedness against untoward future conditions which are as likely to arise now disturbing the peace of all na-

Everybody should be willing and glad to do something in the interests if permanent peace.

GETTING BACK THE DOLLAR. The food control law is for the pro-

section of the people from extorti ivery direction; and is designed to be a direct help to the wage carner. Since the war began the purchasing of the dollar has been so refuced that three dollars now buys in quantity and quality what two dol-ars used to purchase in 1914.

This cause of unrest will be better

met by keeping prices reasonable than Strikes are unfavorable to the sucprosecution of the war. In the past three years big wages have not been squal to the tremendous advance made in the price of fuel and the price of sread. Government control is design-

ed to hold the scales of justice evenly balanced between the producer and Price-fixing finds persistent opposipresent world conditions makes it imperative that there should be one price for all-a price which will afford good

wages and good profits. HUSTLING DAYS.

All the residents along the lines of the great rallways of America are sware these are hustling days.

There are 64,000 freight cars in the service of the government carrying material to the 16 cantonments and is guard camps of the country, and the prospect is that 100,000 more cars will be needed in the next three months to assemble the million men who are to be housed and physically

developed in these camps for military Within 39 days from the time the government had placed its first order cantonment supplies, the roads sad delivered 12,000 cars of lumber, pricks, piping, wires, poles, water mains and other material, and the work has been of daily continuance

The railroads are responding to the mattress and dream sweet dreams.

never before.

The way in which lumbermen and builders are hustling is shown by this statement: The trees were felled on Saturday, were kiln-dried on Sunday, caded on cars Monday and delivered at the Louisville grounds on Wednesday, and there was a transformation from forest to government buildings fust one week from the day the trees

No government can excel the dispatch which has marked America's war progress since April.

DISCONTINUANCE OF MOURNING GARB. The Dry Goods Economist has the

courage to recommend as worthy of patriotic and economic consideration the omission of dress as an emblem of cep bereavement! "We cannot win the war by wear-

ing crape," It says, "Instead of spreading depression, creating discouragement, it is our duty-it should be our privilege-to maintain a high heart, vitalize the fighting spirit, to do all that lies in our power to keep our country in trim for the further eforts, the further trials that it must face before final victory shall perch on its banners and on those of its al-And we feel very sure that evone of our heroes who shall fall n the sacred cause of freedom would infinitely prefer that he were honored the conventional change in rarb, but only in the inner sanctuary of the heart and of the memory." Grief needs no emphasizing symols; and the custom of wearing black, s a useless expense, a relic of the ast, which is a source of distress to

thousands. In many instances rich mourning ostumes are more closely allied to

anity than to sorrow. The shortage of raw materials which enter into the manufacture lothing, and the promise of a diminishing stock is the ground upon which this novel but necessary patriotic recommendation is made.

NECESSITY IS THE LAW

The present menacing world condiions have illuminated the scroll of vision and where the people used to see "necessity knows no law," they now see that Necessity is the law. There is no shrinking from duty, on he part of the people for the issue s between autocracy and democracy, and there is no reason why democracy should not win its cause the world

Arthur E. Holder, representing labor in the government commission to diect vocational training said in a re-

"We must mobilize sufficient power break the German line, we must lefeat autocracy in junker ridden Prussia; we must strike the shackles rom ourselves. We must make one complete finished job of this task, No struggle and sacrifice will only be half done if we stop at putting the Hohenzollerns out of power and prevent them from further mischlef, "Democracy will not be worth the letters it takes to spell it if we do forever from our midst the bed rock evil of land monopoly. Democracy can defeat Prussian autocracy, if it

has sufficient food and weapons and

It is true that the larger protection of the people must come through the electness and force of the people

EDITORIAL NOTES.

anything. It is a mark

When we discover we are short what from getting chilled; it may save you

There is one thing common sense is sure to wreck-a love affair.

The certain thing which will follow the declaration of peace is uncertainty The girl who marries a soldier boy

The sermon that is dry as chips is first-class material for building a fire.

unoring the bad habits of their fa- p Every Connecticut soldier walks as

if conscious the eyes of the state are

Since the government tells us there are 500 kinds of mosquitoes we must get busy.

Lots of folks are more familiar with oad omens than they be with God's The Czar will not feel at home in

Stheria but the experience will be The fellow who tries to be funny

takes great risks, but is seldom aware

The people who can get more foy

but of a grievance than a blessing are not all dead yet, The Americans who think it were

better for Germany to assail us here should tell us why

Once in a while a square man can pe found in a poker joint as well as in a meeting house.

The Dutch regard German curren-"Gold or no cy as scraps of paper. iggs," is their slogan!

No person wants so many new triends that he hasn't time to pay attention to old friends.

We are admonished to "can all we ran!" "By heck! How can we do less," says Uncle Silas.

This war must be fought to a finish that future generations may enjoy freer and better America.

The woman who marries a mar who thinks he is a singer needs all the sympathy she can get

the end, when you strike your own their def the end, when you strike your own their def Transcript.

WHAT TO WRITE TO THEM

"If I was of a literary turn of mind," remarked Culberson, "I'd sit under a willow tree somewhere and write a book that the world is desperately in need of, and at the same time make enough money in the job to put my-self in the burdened-with-wealth

"What kind of volume do you think the world is pining for?" asked the girl at the adding machine. "Haven't we got the grandest set of six best

seliers to draw upon?"
"I'm through with 'em all," replied Culberson. "The book I'd write would treat of the practical. I'm thinking of a work that would be purchased by "Dear Maud: I am feeling fine. of a work that would be purchased by every blooming husband in the world whose wife is away on vacation and called 'What to Write to Absent Wives.' What a man can write about to his wife is the most perplexing problem he faces. It is a problem seldom perfectly solved." dom perfectly solved. dom perfectly solved."

"How odd! Why don't you write the same kind of letter you did before you married her?"

"Can't be done, Miss O'Gillicuddy." explained Culberson. "I thought it could until I took pen in hand and tried. Before a man marries he doesn't be to feel the kind finnesse thinks he

care how foolish his fiancee thinks he is. In fact, he and she put a premium on that sort of thing. But after the wedding chimes have been forgotten a man wants his wife to believe him a manufact of some m a monument of sense,
"A man of 44 summers can't bring

have been since you left yesterday af-ternoon. Loveykins, you must come back at once or I shall be found dead of despondency. Oh, my Cutey, why did I let you go? Flowlet, before the moon sets I fear I shall jump off the

sun porch and end it all."

"Why, that's a classic!" exclaimed the girl at the adding machine. "The wife who would get a letter with those sentiments would feel so happy she'd be likely to go out on the lawn and run around a tree for sheer joy."

"That's not classic—it's imbecile.

"'Dear Maud: I am feeling fine, How are you? The cat is sick. Some one stole the ice box off the back orch. Storm came in windows and oaked everything. Stood on sideboard soaked everything. Stood on sideboard to drive nuil—sideboard tipped over. Can cut glass be gived? Forgot water in bathtub. People downstairs threaten to start suit. Three gentlemen visiting on business left lighted cigar stubs on dining room table. Goldfish disappeared out of bowl—can't account for it. Silver all gone. If you didn't take it with you I fear threaten have been bore and burglars have been here and gone. Enclosed find check for next two weeks. With love, --- '"
"Oh, aren't you terrible!" sighed the

girl at the adding machine. "You'd never send a letter like that before you were matried."

the like this, for instance: 'Dear Snookums, how desperately lonely I of this cigar.—Chicago News.

HOME-READING COURSE FOR CITIZEN SOLDIERS

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LESSON NO. 7. YOUR HEALTH.

(Preceding Lessons: 1, Your Post of Honor. 2, Making a Good Soldier. 3, Nine Qualities of a Soldier. 4, Get-ting Ready for Camp. 5, First Days in Camp. 6, Cleanliness in Camp.)

The living conditions in the army are just what most vigorous men need for their physical well being. Every day brings an ample amount of exercise, fresh air, and good food. Yours will be a very unusual case if you do not find yourself after a few months. than you have vere been in your life.

It is true on the other hand, that extreme exertion in marching or fighting may in time be called for. But this will not be until you are thoroughly trained and fit. The periods of strain or ex-posure will probably be short and are not likely in themselves to do you any real harm. At any rate, you owe it to yourself—and what is more, you owe it to the country—to make yourself "fit" at the earliest possible moment. Sick men can not do much toward winning this war. In the army they are not only a loss but during their sick-

ness a positive handicap.

There are a few simple, common sense rules to follow, which are briefly summed up in this lesson.

Everything you eat will be carefully inspected by the officers in charge of that duty. You will have plenty of fresh meat, bread potatoes and other etters it takes to spell it if we do vegetables, and other simple and nour-tended at the same time drive the food ishing food. As a general rule, you epeculators into oblivion, and remove should eat nothing not supplied in forever from our midst the bed rock your company mess. Especially avoid greem or overripe fruit and the inferi-or "soft drinks" which will be put be-fore you in shops and by peddlers out-side the camp limits.

Your chief care in connection with

"All these essentials can be readily obtained if democracy first cleans its swn house and sets its own energies quanties of water, tea or coffee with your meals. This is rather a common

fault among soldiers.

Avoid needless exposure. You may be often called upon in the line of duty to march through mud and rain. So long as you are actively on the move it will probably do no harm. As soon as your are off duty, however, take proper care of yourself. Give yourself to them to indulge in lewdness and vice.

One of your obligations as a citizensolder is to conduct yourself in such soldier is to conduct yourself in such true impression—namely, that the National army is made up of men too much in earnest in the great task assigned to them to indulge in lewdness and vice.

The only sure safeguard against vegeral disease is to avoid illight intera rub down and if possible bathe your feet and change your clothing. Use a little extra care to protect your belty antee of good health. To maintain a

STORIES OF THE WAR

From an American in the North Sea. By the last mail from "a British port" a personal letter was received on this side of the Atlantic at "an American port" from a defender of the Stars and Stripes now doing his Smart boys acquire good habits by bit in the North Sca. The addresses permits us to publish the following extract and we gladly avail ourselves

of the privilege:

The submarines are the chief cause of concern over here and every possible shipping craft available is being put on patrol service. Germany's military strength has never been greater than it is today. The war is, and has been from the first, our war little as we have felt and realized it. The defeat of Great Britain and her Allies at sea would open the way for The defeat of Great Britain and her Allies at sea would open the way for an invasion of the United States, which would most probably be made with surprising suddenness and ruthlessness, and as our country is still perfectly undefended, we would be utterly defeated and a huse indemnit; expected. We have it in our power by exerting every energy now to influence powerfully the course of the war and perhaps bring it to a victorious conciusion in a year and a half or two years. The end of the war is not in sight. It may drag on four or five years longer unless we act quickly and energetically.

All of you at home who would support those of us at the front must launch and maintain unceasingly a campaign of education and publicity.

campaign of education and publicity Teach the people the truth. Fire then with the zeal inspired of a true real ization of the facts. The trouble i that the Germans know what to do and think about it.

Remember the warning of Maximil. Remember the warning of Maximilian Harden: "He who hopes for miracles paralyzes his will." That is literally true and I realized it long be-

literally true and I realized it long before I left the states and came into
close contact with the actual situation, for I saw it illustrated all about
ine, not only in the family but among
my friends and neighbors. I could
not express it, however, like Harden
has succeeded in doing. I saw my
poor, dear old father sit and pore over
newspaper articles telling of inventions that would paralyze the submarines over night. I worked weeks
to convince him it could not be done,
but I fear his faith is still with Mr. but I fear his faith is still with Mr.
Edison and others. They are doing
splendid work which must not be discounted, but the fact remains we have
no antidote for the submarines. We
want ships, guns, men, more and more
of them.

Under free trade old Industries are not multiplied or new industries added to the business of the country.

The Man on the Corner says: In war times the bachelor has about as many troubles as a married man!

The best thing about a vacation is the end, when you strike your own mattress and dream sweet dreams.

Of them.

Plead, beg, urge, instruct, inspire. Action is imperative. Our country, our liberties, our loved ones are in perll, it is real. While there are no distinct signs of Allied defeat, we are not winning, and we must win!

Where is the red-blooded American, north, east, south or west, whose courage will not be quickened by this message to "the folks at home" from their defender overseas?—Boston

OTHER VIEW POINTS

Last spring, when Henry G. Endicott of Dedham, not then appointed food administrator of Massachusetts, ployed up his beautiful lawn and planted the entire cighteen acres to caused a great sensation and much potatoes and other vegetables, it comment, favorable and otherwise. The crops are ripening now and Mr.

The opening of the market also gives the farmer a chance to have a permanent stand for the sale of his for the farmer is assured of a fixed demand for his produce, while the consumer is enabled to buy his good early in the day before they have lost their freshness by long hours on the wagon.—New Haven Register.

The list of the names of the young The list of the names of the young men who have been cailed and examined has disclosed as it has never been disclosed before what a cosmopolitan country this is; what a tremendous melting pot. We have all been accustomed to the use of the term "melting pot" but we have never been given the opportunity before of visualizing it upon such a gigantic visualizing it upon such a gigantic scale. In every registration district, no one district has escaped the dis-closure, we have found names of ev-ery conceivable racial origin save the

diarrhoea.

If you come in from exercise or drill sweating freely, try to cool off gradually instead of allowing yourself to get chilled. Even in hot weather throw It will be well for drivers of auto-mobiles from now on, to make note of the fact that the new automobile law requires the commissioner of motor a light coat or wrap over yourself for a few minutes. vehicles to suspend the license of driv-ers who operate such vehicles while One of the most important rules of intoxicated for one year. The commisone of the most important rules of intoxicated for one year. The commissions to be careful about drinking water not provided in the camp or recommended to you by medical or company officers. If pure water is not at hand, it is better to drink boiled water or weak coffee or tea. Boiling bills the discrepance of the control of the camp or rier.

A man in a neighboring town who took a city paper in preference to a

recommended to you by medical or company officers. If pure water is not at hand, it is better to drink boiled water or weak coffee or tea. Boiling kills the disease germs.

If you are in the habit of using tobacco, be moderate, especially while you are on the march or just before taking streamous exercise. Your smoke will do less harm and at the same time will be much more enjoyable if you wait till you can sit down quietly during one of the periods of rest.

Eight hours of each day are set aside for sleep. This is ample but not too much for most men. Even if you can't sleep for any reason, lie still and get a good rest during those hours.

The medical officer will be ready to do everything he can to keep you well. Don't hesitate to report to him if youn need any attention even for slight ailments. Every day at "sick cail" any soldier who is not feeling well may ask for medical treatment.

It is frequently assumed by well-meaning critics that illicit sexual interpourse and veneral diseases are to the same time will be ready to do everything he can to keep you well. Don't hesitate to report to him if you need any attention even for slight ailments. Every day at "sick cail" any soldier who is not feeling well may ask for medical treatment.

It is frequently assumed by well-meaning critics that illicit sexual interpourse and veneral diseases are

is fill out the space and enclose the two cent stamp for postage. These are twelve page manuals, fully illustrated and are sent out in cooperation with this paper as a part of the personal service we at all times aim to give our readers.

cupied that they will have fewer temptations and dangers of this typ than in everyday civil life. One of your obligations as a citizen

clean life keep away from those things which tend to promote sexual excite-ment and desire particularly obscenonversation reading matter and pic

meaning critics that illicit sexual in tercourse and venereal diseases are

more common in the army than it civil life. This is probably a mistak en impression due largely to the fac-that statistics of these diseases are

collected in the army, where as the corresponding figures for civilian life are incomplete. In the new army the

evils of sexual immorality will be duced to a minimum. The men

duced to a minimum. The men find their time and energy so fully

The moral reasons which should impel every self-respecting man to avoid debasing himself by sexual vice are well known to every man who joins the National army, and need not be re-counted here. In addition to the mor-al reasons there rests upon every sol-dier the especial duty of avoiding ev-erything that may unfit him for active and effective service. This obligation in the present crisis is even greater and more urgent than in normal times. The soldiers of the National army will be expected and required to maintain especially high standards of conduct and to honor the uniform they are provided to wear. privileged to wear.

Good Business. President Wilson has decided that he price paid for war supplies by the Inited States government must be the rice to allied governments also. That is good business all round. It means an end of war-profiteering at the ex-pense of the allies.—Toronto Mail and

The crops are ripening now and Mr. Endicott is selling them directly to the consumer at 10 per cent. less the consumer at 10 per cent, less than the market price, and has announced that the proceeds will go & a fund for the aid of soldiers and sailors of the town. This, too is causing comment, but it is all favorable this time.—Springfield Union.

permanent stand for the sale of his produce, and does away to a large extent with the necessity of his peddling his produce through the residential section or disposing of it to a wholesaler. He can now go to the market and deal with the consumer. The benefit to both parties is evident, for the formula of a great of a fixed.

some annoying attacks of cramps and Oriental.

City State

CANNING LESSONS

PRESERVING VEGETABLES How to Dry Carrots.

Avoid varieties having a large, woody Clean, scrape, or pare and slice into -S inch silces.
 Place in cheesecloth square or wire asket and plunge for six minutes into

Remove surface moisture by placing between towels or by exposing to the sun and air for a short time. Spread thinly on trays or earthen-Dry in sun, oven, over kitchen stove, or before the electric fan until brittle.

Stir from time to time. How to Dry Cabbage. Select well-developed heads of cabage. Remove all loose outside leaves.

Split the cabbage and demove core. Shred or cut into strips a few inches Place in square of cheesecloth or vire basket.
Plunge into boiling water for three

to five minutes. Dip for a moment in cold water. Drain, and remove surface moisture by placing between towels or by ex-

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posing to sun and air for a short Spread thinly on trays or earthenware plates.

Dry in sun, in oven, over kitchen stove, or before the electric fan until Stir from time to time:

Views of the Vigilantes

Will the Small Town Fight? By Reginald Wright Kauffman of the

One evening, two months before tha start of the European war, I sat at dinner at an officers' mess in a great East Prussian fortress. When the coffee was served, talk turned, as it always did in those days, on the possibility of a war between Germany and France. My host, a captain of hussars, told me just how easily his country would crush its neighbor. As a try would crush its neighbor. As a mere layman, I ventured to suggest that perhaps England would interfere. "Never," said the captain; "England is too fond of her merchant-ma-

Then I recalled that France had been a pretty good friend to America when America was in her direst need when America was in her direst need. It might be just possible that America would eventually take a hand in such a war as was suggested. I was met by ridicule; my host has visited American. "Bah," said this Prussian captain of hussars; "you might get up a bit of enthusiasm for war against Germany i none of two of your big cities, but the popular opinion of American is seated in your small towns—and the American small town hasn't got the guts to fight!"

How is the American small town answering him now?

Storyette of the Day.

A soldier in the English army wrote home: "They put me in barracks; they took away my clothes and put me in khaki; they took away my name and made me 'No. 575," they took me to church, where I'd never been become and they made me listen to a parson for 40 minutes. Then the parson said: 'No. 575, 'Art thou weary, art thou languid" and I got seven days in the guard house because I answered that I certainly was."—Christian Resister.

BREED

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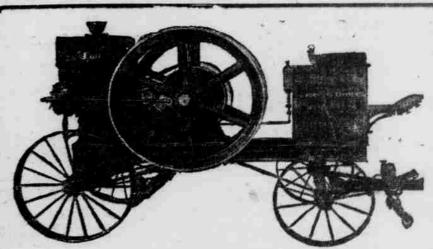
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2.22 Trot.....Purse \$400 | 2.26 Trot.....Purse \$300 | 2.18 Pace....Purse \$500



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